

ST TAMMANY PARISH PUBLIC SCHOOLS LUNCH MENUS FOR HIGH SCHOOLS SEPTEMBER 2017



TUESDAY MONDAY WEDNESDAY **THURSDAY FRIDAY** LUNCH PRICES: ΔΛΑΙΙ ΔΒΙ Ε DΔΙΙ Υ: 1 Low-Fat White Milk Main Line: Reduced (PK-12) Finger Lick'n Chicken Fat-Free Chocolate Milk \$0.40 Fruit Choices Fat-Free Strawberry Milk Full Price (PK-6) Creamy Cole Slaw Fresh Broccoli Assorted Fruits & Veggies \$1.30 **Baked Beans** Full Price (7-12) Hot Fluffy Roll Take Out Line: \$1.55 Homestyle Hamburger Eligible Adults Hot French Fries Express Line: \$3.25 Classic Chicken Sandwich OR Optional Daily Entrée: **Visitors** Kick'n Chicken Sandwich Non-Fat Flavored Yogurt \$4.25 Milk w/Mozzarella String Cheese 4 5 6 7 8 LABOR DAY HOLIDAY Main Line: Main Line: Main Line: Main Line: Delicious Chicken Tenders Pork Chop Shepherd's Pie Jambalaya, Fruit Choices Fruit Choices Fruit Choices Fruit Choices Broccoli Crown Florets Louisiana Style Red Beans Fresh Crisp Carrots Steamed Carrots Sweet Potato Soufflé Garden Green Salad Fresh Baked Roll Creamy Cole Slaw Creamy Mac-N-Cheese Fluffy Brown Rice Take Out Line: Fluffy Hot Roll Fresh Baked Roll Fresh Baked Roll Ham & Cheese PoBoy Take Out Line: Milk Chewy Cookie Hot French Fries Pizza Garden Green Salad Take Out Line: Fresh Crisp Carrots Kick'n Chicken Sandwich OR Express Line: Marinara Sauce Classic Chicken Sandwich Crispy Chicken Sandwich Express Line: Hot French Fries Chilled Fruit Parfait Crisp Green Lettuce Express Line: Ripened Red Tomatoes Garden Green Salad Homestyle Cheeseburger Fresh Crisp Carrots Southern Potato Salad Milk Milk Cracker Graham Milk 11 13 14 15 Main Line: Main Line: Main Line: Main Line: Main Line: Spicy Chicken Tenders Finger Lick'n Chicken Creamy Chicken Fettuccine Beef Tacos w/Fixings Chicken Sauce Piquante Fruit Choices Fruit Choices Fruit Choices Fruit Choices Fruit Choices Fresh Crisp Broccoli Fresh Crisp Carrots Refried Beans Garden Green Salad Steamed Colorful Carrots Fresh Baked Breadstick Creamy Mashed Potatoes Southern Potato Salad Seasoned Green Beans Cheesy Potato Au Gratin Fresh Baked Breadstick Fresh Baked Roll Fresh Baked Roll Take Out Line: **Buttery Toast** Take Out Line: Milk Crunchy Mozzarella Sticks w/ Take Out Line: Chewy Oatmeal Cookie Kick'n Chicken Sandwich OR Tasty Marinara Sauce Meatball Sub OR Take Out Line: Classic Chicken Sandwich Express Line: Flaky Fish Sandwich Crispy Chicken Sandwich Hot French Fries Homestyle Hamburger Hot French Fries Hot French Fries Express Line: Milk Express Line: Express Line: Fruit Smoothie OR Kick'n Chicken Sandwich OR Ham & Cheese PoBoy Parfait Classic Chicken Sandwich Southern Potato Salad Milk Milk Milk 18 20 Main Line: Main Line: Main Line: Main Line: ERVED ON BOTH LINES Southern Fried Catfish Piping Hot Lasagna Homemade Meatloaf Garden Chicken Wrap Spicy Chicken Tenders OR Fruit Choices Delicious Chicken Tenders Comfort Food Shepherd's Pie Fruit Choices Fruit Choices Garden Fresh Salad Fruit Choices Fruit Choices Seasoned Green Beans Crisp Green Lettuce Garden Green Salad Fresh Crisp Carrots Baked Beans Crisp Diced Tomatoes Garden Green Salad Fresh Baked Breadstick Steamed Broccoli Florets Creamy Mashed Potatoes Fresh Baked Roll Whole Kernel Corn Creamy Mac-N-Cheese Fresh Baked Roll Fresh Baked Breadstick Chewy Oatmeal Cookie Take Out Line: **Buttery Toast** Take Out Line: Take Out Line: Homestyle Hamburger Domino's Pizza Kick'n Chicken Sandwich OR Milk Hot Dog with Chili Hot French Fries Marinara Sauce Express Line: Classic Chicken Sandwich Potato Rounds Milk Hot French Fries Express Line: Kick'n Chicken Sandwich OR DOMINO" Express Line: Hot Pepperoni Pizza OR Classic Chicken Sandwich Hot Cheese Pizza Milk Homestyle Hamburger Milk Milk 25 26 27 28 29 Main Line: Main Line: Main Line: Main Line: Main Line: Delicious Chicken Tenders Beef Tacos w/ Fixings Breezy Beefy Mac Roasted Turkey Finger Lick'n Chicken Fruit Choices Fruit Choices Fruit Choices Sweet Potato Casserole Creamy Cole Slaw Fresh Crisp Carrots Garden Green Salad Whole Kernel Corn Rice and Gravy Fresh Broccoli Seasoned Green Beans Creamy Mashed Potatoes Garden Fresh Salsa Fudgy Brownie Baked Beans Fresh Baked Breadstick Fresh Baked Roll Fresh Baked Breadstick Take Out Line: Hot Fluffy Roll Take Out Line: Milk Take Out Line: Flakey Fish Sandwich OR Take Out Line: Kick'n Chicken Sandwich OR Spicy Chicken Sandwich Meatball Sub Homestyle Hamburger Classic Chicken Sandwich Tasty French Fries Hot French Fries Hot French Fries Hot French Fries Express Line: Express Line: Express Line: Homestyle Hamburaer Classic Chicken Sandwich OR Express Line: Hot Pepperoni Pizza Milk Fruit Smoothie OR Parfait Kick'n Chicken Sandwich Southern Potato Salad Milk This institution is an equal opportunity provider. Menus are subject to change.





