

ST TAMMANY PARISH PUBLIC SCHOOLS LUNCH MENUS FOR HIGH SCHOOLS

DECEMBER 2018

MONDAY TUESDAY WEDNESDAY **THURSDAY** ONE ENTRÉE PER LINE which will be the manager's choice.

3

Main Line:

Gumbo Steamed Carrots Fruit Choices Broccoli Fluffy Hot Roll Take Out Line: Pizza

Broccoli, Marinara Sauce Express Line: Fruit Smoothie OR Chilled Fruit Parfait Broccoli

Fresh Crisp Carrots Fresh Baked Breadstick OR Cracker Graham Milk

4

Main Line:

Delicious Chicken Tenders Fruit Choices Broccoli Crown Florets Sweet Green Peas Creamy Mac-N-Cheese Fresh Baked Roll Chocolate Chip Cookie Express Line: Personal Pan Pizza

Milk National Cookie Day!!!

Main Line:

Chicken: Baked Fruit Choices Potato Salad **BBQ** Baked Beans Hot Roll

Take Out Line: Hamburger w/ Fixings French Fries

Express Line: Chicken Sandwich Milk

Main Line: Roasted Turkey Fruit Choices Sweet Potato Casserole

Rice w/ Gravy Take Out Line:

Flaky Fish Sandwich OR Meatball Sub Hot French Fries

Express Line: Homestyle Hamburger Southern Potato Salad Milk



7

Main Line: Shepherd's Pie Fruit Choices Fresh Crisp Carrots Creamy Mashed Potatoes

FRIDAY

Fresh Baked Roll Take Out Line:

Smoked Pork Sandwich Hot French Fries Fresh Crisp Carrots

Express Line: Crispy Chicken Sandwich Crisp Green Lettuce Ripened Red Tomatoes Southern Potato Salad Milk

Cake

10

Main Line:

Beef Tacos w/ Fixings Fruit Choices Zesty Refried Beans Fresh Baked Breadstick Take Out Line:

Crunchy Mozzarella Sticks w/ Tasty Marinara Sauce OR Fiesta Nachos Garden Fresh Salsa

Express Line: Homestyle Hamburger Milk

Main Line:

Spicy Chicken Tenders Fruit Choices Fresh Crisp Broccoli Cheesy Potato Au Gratin Fresh Baked Roll

Express Line: Personal Pan Pizza Milk

12

Main Line:

Cajun Chicken Pastalava Fruit Choices Fresh Crisp Carrots Seasoned Green Beans Fresh Baked Breadstick

Take Out Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries

Express Line: Fruit Smoothie OR Parfait Milk

13

Main Line:

Chinese Chicken w/ Rice Fruit Choices Garden Green Salad Fresh Baked Roll Take Out Line: Meatball Sub OR

Flaky Fish Sandwich Hot French Fries

Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich Milk

14

Main Line:

Chicken Pot Pie OR Tomato Basil Soup w/ Grilled Cheese Sandwich Fruit Choices Steamed Colorful Carrots

Southern Potato Salad **Buttery Toast**

Chewy Oatmeal Cookie Take Out Line:

Hamburger w/ Fixings Hot French Fries

Express Line:

Ham & Cheese PoBoy Southern Potato Salad Milk

17

Main Line:

Italian Meat Sauce w/ Pasta Fruit Choices Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Rice Crispie Treat

Take Out Line:

Kick'n Chicken Sandwich OR Classic Chicken Sandwich Hot French Fries

Express Line: Homestyle Hamburger Milk

18

Main Line:

Spicy Chicken Tenders OR Delicious Chicken Tenders Garden Green Salad Steamed Broccoli Florets Creamy Mac-N-Cheese Baked Beans Hot Roll

Express Line: Personal Pan Pizza Milk

19

ristmas Dinner

Roasted Turkey Chilled Fruit Sweet Green Peas Cornbread Dressing Fresh Baked Roll Take Out Line:

Homestyle Hamburger Hot French Fries

Express Line: Kick'n Chicken Sandwich OR Classic Chicken Sandwich

20

Main Line:

Festive Chicken Gordita Fruit Choices Crisp Green Lettuce Garden Fresh Salsa Crisp Diced Tomatoes Whole Kernel Corn Fresh Baked Breadstick

Take Out Line: Hot Pepperoni Pizza Express Line:

Corndog Southern Potato Salad 21

Main Line:

Golden Corn Dog Fruit Choices Fresh Crisp Carrots Broccoli Crown Florets Chilled Fruit Chewy Oatmeal Cookie Milk



24





26

Milk

Milk



31



LUNCH PRICES: Reduced (PK-12)

\$0.40 Full Price (PK-6) \$1.30

Full Price (7-12) \$1.55 Eligible Adults

> \$3.25 Visitors

\$4.75

AVAILABLE DAILY:

Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk

Assorted Fruits & Veggies





Optional Daily Entrée: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change